

RESEARCH

Research Professorships

The professorship program has been extremely successful in developing and sustaining lung health research here in Saskatchewan. This program has been responsible for bringing world-class lung specialists to Saskatchewan who contribute to enhanced levels of patient care and teaching of medical students, in addition to their research activities.

Furthermore, the investment in professorships by The Lung Association has been matched several times over by funding these scientists have attracted from other sources. Here is a list of the Saskatchewan researchers currently being funded by The Lung Association.

Ferguson Professorship

Over \$1.2 million has been contributed to date for this professorship in honour of Dr. R.G. Ferguson. As Head of the Division of Respiriology, Critical Care and Sleep Medicine at the University of Saskatchewan, Dr. Donald Cockcroft's research has improved the methods for diagnosing and treating asthma.

COPD Professorship

One of the authors of Canada's new guidelines for COPD management, Dr. Darcy Marciniuk's research has helped to develop COPD rehabilitation therapy and other methods of COPD treatment. Over \$300,000 has been contributed since 2001.

Southern Saskatchewan Respiratory Professorship

In partnership with the Regina Qu'Appelle Health Region, Dr. G. Sridhar's work has led to the establishment of a sleep centre, an endoscopy suite, a home ventilator program, an asthma clinic and other programs and facilities in Regina. Over \$420,000 has been contributed.

Pediatric Lung Disease Professorship

This professorship began in January of 1998 to recruit the first pediatric respirologist to Saskatchewan. Over \$400,000 has been contributed. The recipient, Dr. Kumar Ramlall, has conducted 132 continuing education sessions across the province.

Sleep Apnea Professorship

Dr. Robert Skomro is currently investigating the predictors of sleep apnea in women. Over \$135,000 has been contributed since this professorship began in 2002.

Basic Science Professorship

Dr. Thomas Hurst's research work includes the effects of agricultural practices on lung health, developing new lung treatments for patients in intensive care and reducing the damage to the lung caused by heart-lung bypass operations. Over \$450,000 has been contributed.

Other Support

Includes visiting professorships, training grants, support for TB control, seconded staff time, development of patient education programs and support for continuing professional education including the Saskatchewan Thoracic Society Education Day and programs.

Yearly Amount: \$60,000

The Saskatchewan Thoracic Society

The Saskatchewan Thoracic Society (health professional section of The Lung Association) invites all health professionals who are active in respiratory care to become part of a progressive, multi-disciplinary organization of health care providers. An annual Education Day is held in November.

Benefits of membership include: helping to improve the quality of respiratory care offered in Saskatchewan; reduced fees for workshop on current issues in respiratory care; eligibility for an LAS educational grant, and much more.

Our Mission...

To improve lung health one breath at a time. Our general role is to improve respiratory health and the overall quality of life through programs, education, research, training, treatment and prevention of lung disease and promotion of a healthy environment and healthy lifestyles.

Research...

The Lung Association of Saskatchewan places a high priority on funding medical research here in Saskatchewan. The amount of respiratory illness is increasing. In Saskatchewan over 200,000 people suffer from lung disease such as COPD (emphysema and chronic bronchitis), asthma, lung cancer, sleep apnea, pneumonia, flu, pulmonary fibrosis and tuberculosis. Our research program will not only help to find better ways to treat and prevent lung disease, but has another important benefit - it attracts world class specialists to Saskatchewan who also provide leadership in teaching and patient care.

Provincial, National and International Activity...

Although 95% of our budget is spent right here in the province, we also provide support and leadership nationally through the Canadian Lung Association and, in turn, benefit from the work of other provincial Lung Associations. Internationally, our CEO is the project Director for a Tuberculosis Control Project in Ecuador funded by the people of Canada through CIDA. When it comes to lung disease, no community, no province and no country is isolated from its neighbours. We speak up for Saskatchewan nationally and internationally in the struggle against lung disease.

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THE  LUNG ASSOCIATION
Saskatchewan

ANNUAL REPORT

2005



Improving Life ...
One Breath At A Time

This report covers the year
January 1 to December 31, 2005

The Lung Association of Saskatchewan

AsthmaTrec®

AsthmaTrec® (the Asthma Training and Educator Course) is a professional development program of The Lung Association. It is designed to train health care professionals in the skills and knowledge necessary to become effective asthma educators. AsthmaTrec® has been approved for professional education accreditation and successful graduates are eligible to write the National Asthma Educator Certification program. Graduates from the program have been involved in a number of asthma education initiatives throughout our province. For more information see www.asthmatrec.org.

BreathWorks

The Lung Association's BreathWorks Program™ is an initiative for people with COPD (emphysema and chronic bronchitis). It consists of: current educational materials including the BreathWorks Plan booklet and fact sheets on oxygen, exercise and medications; a free Helpline 1-866-717-COPD(2673) where health professionals who are trained COPD educators answer questions relating to COPD management; and a website with more information at www.lung.ca/breathworks/.

COPDTrec®

COPDTrec (chronic obstructive pulmonary disease training and educator course) trains health care professionals in the knowledge & skills necessary to be effective COPD educators, based on the Canadian Thoracic Society Recommendations for the Management of COPD 2004. For more information see www.asthmatrec.org.

Health Education

Jan 1, 2005 introduced a unique change and improvement in air quality. On this date all public places became smoke-free throughout Saskatchewan. We thank all concerned citizens who encouraged this beneficial legislation. It is disappointing that SIGA operated casinos have chosen not to follow this public health directive and are still exposing their workers and patrons to the biggest, yet most easily removed, form of indoor air pollution.

We also hope 2006 will see the necessary changes to Occupational Health and Safety Regulation to make all workplaces totally smoke-free.

The Supreme Court decision in January 2005 means tobacco products are no longer visible on retail shelves. Efforts must continue to reduce the normalcy of tobacco use that has accrued over the past 60 years. Thank to the provincial government for maintaining their position and not being intimidated by the money of the tobacco industry.

We continue to ask for a stop to backyard and agricultural burning. These practices are unnecessary and contribute to the pollution load particularly in urban areas. They are markedly detrimental to those with pre-existing breathing difficulties and sensitivities to combustion particulates. This can only be reduced if you, the public, impress upon municipal and provincial politicians the need for change to improve air quality.

So much of the current load of lung disability is unnecessary. Bring to an end uncalled-for smoke pollution, reduce vehicle emissions, and eliminate cosmetic pesticides and over use of scented

materials. Equip our young people with respiratory knowledge so they can improve and respect their we all breathe.

By working together we can reduce lung disease.

HomeOxygen

The Lung Association of Saskatchewan trains health care professionals in all Regional Health Authorities for the SAIL HomeOxygen Program and manages the overnight oximetry service. Workshops are conducted in Spring and Fall throughout the province to certify oxygen testers each year. A Spring and Fall newsletter is also distributed to testers and interested individuals. The new online service developed by The Lung Association allows testers to store-certify online.

SleepApnea

Our sleep apnea support group meetings are held quarterly in Saskatoon and Regina. The Lung Association has begun providing home screening for sleep apnea in conjunction with the Sleep Centres. Resources include the Sleep Apnea Action Handbook, a quarterly printed newsletter and the online Cybersnewzz newsletter.

Discovery Asthma Camp Inc.

The Lung Association of Saskatchewan is contracted to provide services for Discovery Asthma Camp Inc. The "ACT-Wilf Churchman Camp for Kids with Asthma" is offered so that children with asthma and allergies can enjoy the unique experience of summer camp, in a safe setting with around the clock medical care. The children participate in many activities, learn more about asthma, and make new friends! More information can be found at www.asthmacamp.org.

Statement of Operations For the year ended December 31, 2005

Revenue	2005	2004
Direct Mail Campaigns		
Christmas Seals	\$ 235,915	\$ 228,995
Artworks	71,176	72,925
Spring Appeal	106,264	75,976
Sweepstakes	51,491	-
Summer Awareness	-	220
Other campaigns/events		
Raffle	292,901	282,914
Door to Door	184,707	175,988
Memorials	40,881	38,298
Bequests	61,387	32,906
Donor's choice	22,193	22,106
Other fundraising	95,370	95,785
Other income		
Investment income	11,908	6,174
Program cost recovery	263,686	122,673
Grants	514,490	788,644
Respiratory therapy program	62,500	57,500
Other income	85,193	97,472

Total Revenue	\$2,100,062	\$2,098,576
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Expenses

Programs		
Health Education - general public	\$ 444,989	\$ 437,579
Health Education - professional	166,751	153,671
Health Initiatives	354,108	234,346
Research and grants	337,147	382,283
Development	734,219	640,753
Operations	121,451	106,325

Total Expenses	2,158,665	1,954,957
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Excess of revenue over expenses for the year	\$ (58,603)	\$ 143,619
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Extracted from 2005 audited statements. Full copies are available on request.