

Appearance vs. Illness and Disease

Write two headings on the board entitled 'Appearance' and 'Illness and Disease'. Discuss the following questions. Compare how appearance and illness/disease differ.

1. What do appearances mean to you?
2. Can appearances be seen or felt?
3. What does illness and disease mean to you? (e.g., infection, asthma, cancer, etc.)
4. Can illness and disease be seen or felt?
5. What does a healthy day look like?
6. What does a sick day look like?
7. How does a "healthy day" differ from a "sick day"?
8. How does tobacco affect people's appearance/things you can see on the outside? (e.g., yellow teeth, yellow finger nails, wrinkles, etc.)
9. How does tobacco affect people's health? (e.g., cough, shortness of breath, disease, etc.)
10. What are the short-term and long-term effects of smoking?